

*Help dealing with domestic violence*

# WOMEN EMERGENCY CARD



**GEGEN**  
Fachforum **HÄUSLICHE**  
**GEWALT**  
im Kreis Herford

**CONTACT:**

District of Herford Equality Office  
Phone 05221 – 131316  
[www.hilfe-haeusliche-gewalt.de](http://www.hilfe-haeusliche-gewalt.de)

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Gleichstellung, Flucht und Integration  
des Landes Nordrhein-Westfalen



## **EMERGENCY NUMBERS**

**Police** 110

**Fire department** 112

### **Victim protection officer**

of the Herford District Police Authority

**05221 - 888 1714**

### **femina vita**

Mädchenhaus Herford e.V.

Crisis support, advising and therapy for girls and young women who have experienced violence and their caregivers

**05221 – 50622**

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### **Frauenhaus Herford e.V.**

Protection and housing for women leaving domestic violence. Available around the clock

**05221 – 23883**

### **Frauenberatungsstelle Herford e.V. & Emergency number**

Advice and support for women who have experienced domestic and sexual violence

**05221 – 8899000**

### **Weißer Ring**

Support for victims of crime and domestic violence

**0151 - 65107090**